



FREE PARENTING WORKSHOPS

Middle School & High School

While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent/child relationships at home. Learn to talk so your children WILL listen & avoid power struggles. Your child will thank you!

September—December 2019 12:00–2:00 p.m.

- 9/4 Peer Pressure
- 9/11 Normal Adolescent Behavior
- 9/18 Teaching Responsibility
- 9/25 Managing Anger / Conflicts

- 10/2 Effective Discipline
- 10/9 Managing Stress
- 10/16 Effective Communication
- 10/23 Sibling Rivalry
- 10/30 Peer Pressure

- 11/6 Normal Adolescent Behavior
- 11/13 Teaching Responsibility
- 11/20 Managing Anger / Conflicts

- 12/4 Effective Discipline
- 12/11 Managing Stress
- 12/18 Effective Communication

September—December 2019 6:30–8:30 p.m.

- 9/9 Sibling Rivalry
- 9/23 Peer Pressure
- 9/26 Normal Adolescent Behavior

- 10/7 Teaching Responsibility
- 10/21 Managing Anger
- 10/24 Effective Discipline

- 11/11 Managing Stress
- 11/14 Effective Communication

- 12/2 Sibling Rivalry
- 12/5 Peer Pressure

Family Education and Guidance Services, 1300 19th Street, Plano, TX 75074.

469-752-2272

Registration not needed ♦ ♦ ♦ ♦ Childcare is not provided

Visit <http://www.pisd.edu/parentworkshops>